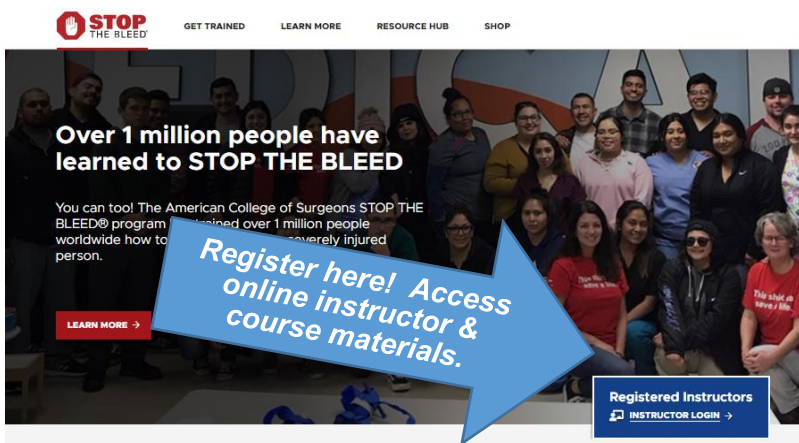# Tips for Instructors

1. Register as a new instructor on the www.stopthebleed.org website under the "Get Trained" tab then click on "Become an Instructor". Log-in and edit your contact information via "Instructor Profile".

2. Review and download course materials via the Instructor Portal. Note: We're specifically not providing electronic files to you, as Stop the Bleed recommends downloading directly from the website to obtain the most current versions. See the attached "Instructor Resources" list of free materials that are available on the website.

3. To use the trademarked Stop the Bleed logo on websites and promotional materials, your group must request permission and sign an agreement with the U.S. Department of Defense via: stopthebleed@hq.dhs.gov

4. Teach a Stop the Bleed class! There are two types of classes:
   a. Instructor/Train-the-Trainer: Per guidelines, all potential Instructors must first complete a B-Con Course. Refer to the list of professionals eligible to become STB Instructors: cms.bleedingcontrol.org/applicant/create
   b. Basic Bleeding Control (B-Con) Provider: Training for the public and laypersons.

5. When teaching a class, remember to:
   a. *Maintain the minimum recommended Instructor-to-Student ratio for all skills stations of 1:8-10.* If you need help finding Instructors, please contact: mtcinjuryprevention@gmail.com
   b. Register your class via "Add Class" under the Instructor Portal Dashboard. Note: Click the appropriate box if you want your class to be private vs. listed in the public domain of the STB website.
   c. Prepare class paperwork (e.g., sign-in sheet, course completion certificates, skills check-off list if helpful). Templates available via the "Instructor Materials" tab in the Instructor Portal.
   d. Use only approved equipment, as listed on bleedingcontrol.org and in the course guidelines document.
   e. Utilize a post-course survey. Click here to preview an online example.
   f. After the class, "Close Class" under your Instructor Portal Dashboard with final attendance numbers.

6. Utilize videos, posters, booklet, flowchart, reports, advocacy tools, etc. available under the "Resource Hub" tab.

7. Offer to help teach Stop the Bleed at upcoming professional and community events! Contact the Michigan Trauma Coalition Stop the Bleed Subcommittee at: mtcinjuryprevention@gmail.com

New Instructor Categories   (as of February 2022)

INSTRUCTOR ELIGIBILITY:

Anyone that has successfully completed Bleeding Control training or STOP THE BLEED® Basic Course and meets the following professional requirements:

- Certified Athletic Trainer
- Certified Correctional Officer
- Certified Lifeguard
- Certified Medical Assistant (CMA)
- Certified Nursing Assistant (CNA)
- Certified Registered Nurse Anesthetist (CRNA)
- Dentist (DMD/DDS)
- Doctor of Chiropractic Medicine (DC)
- Doctor of Osteopathic Medicine (DO)
- Doctor of Pharmacy (PharmD)
- Doctor of Podiatric Medicine (DPM)
- Doctor of Veterinary Medicine (DVM)
- Emergency Medical Technician (EMT)
- EMR
- Medical Doctor (MD)
- Military Medic/Corpsman
- Non-Clinical Injury Prevention Coordinator
- Nurse Practitioner (NP)
- Nurse (RN/LPN/LVN)
- Occupational Therapist (OT)
- Paramedic
- Physical Therapist (PT)
- Physician Assistant (PA)
- Registered Dietitian (RD)
- Registered Pharmacist (R.Ph)
- Respiratory Therapist (RT)
- Ski Patrol
- Sworn Law Enforcement Officer
- TCCC/TECCC Instructor

View the most current list of Instructor eligibility criteria at: https://cms.bleedingcontrol.org/applicant/create

Associate Instructors:

- Any Student of the above disciplines who has STOP THE BLEED® Course or Bleeding Control training
- Non-Clinical Injury Prevention Coordinators that are employed at an ACS verified or State designated Trauma Center and recommended by the Trauma Medical Director or Trauma Program Manager. Upon approval please follow instructions provided in the confirmation email.

Download the STOP THE BLEED Course Materials

Please note that the STOP THE BLEED® Course is copyrighted and you do not have permission to post or host the course on your organization's website or learning management system (LMS). Additionally, you **may not** make any edits, delete, or change the content of the presentation.

STOP THE BLEED® Version 2.0 Presentation PDF
Click the above link to download the PDF version of the presentation.

For best results viewing the presentation PDF with embedded videos, please **download** the file rather than viewing it in a browser window by right-clicking on the link and choosing the "Save As..." option in the menu (in Chrome and Firefox: "Save link as..."; in Internet Explorer: "Save target as...").

STOP THE BLEED® Version 2.0 Presentation PowerPoint
Click the above link to download the PPT version of the presentation with instructor notes.

Are you having trouble playing the embedded videos?

If you are unable to play the videos embedded in the presentation, then you may use the following links below to access them via YouTube. Please note that these are unlisted videos and can only be accessed through these links.

> **Slide 18 - Demonstration of Pressure**
> **Slide 20 - Demonstration of Wound Packing**
> **Slide 24 - Demonstration of Tourniquet Application**

TEXAS-ONLY STOP THE BLEED® Version 2.0 Presentation PowerPoint

Australia-Only Bleeding Control Version 2.0 Presentation PowerPoint
Click the above link to download the PPT version of the presentation.

Virtual Presentation

The STOP THE BLEED® Course can be presented virtually. Instructors may present the lecture through a virtual meeting platform utilizing the current presentation. You can elect to use the prerecorded version linked below; however, an instructor must be present through the entire virtual training. Instructors are not allowed to record or host the session on an organization's website, YouTube, or a LMS.

As a reminder, participants must complete both the lecture AND the skills component of the STOP THE BLEED® Course to be considered COMPLETE and to receive a certificate of completion. Please make sure this is reflected in the Instructor Portal when you add your courses.

STOP THE BLEED® Virtual Course – Lecture Only*

***Participation in virtual lecture training will be limited to the maximum number of participants your virtual meeting platform will host,** there is not a STOP THE BLEED® Course participant limit to the lecture portion of the virtual course. If you are doing the standard, in-person STOP THE BLEED® Course or virtual skills training you must adhere to the 1:10 instructor-to-student ratio and reflect this in the Instructor Portal properly.*

STOP THE BLEED® Interactive Course

The STOP THE BLEED® Program now offers students the option to fulfill the lecture requirement of the course by completing the **STOP THE BLEED® Interactive Course**. This virtual course allows individuals to go through animated videos, diagrams, and quizzes. While the interactive course fulfills the lecture portion, it does not allow them to receive a certificate

of completion until they complete the hands-on skills portion of the course. The interactive course will encourage participants to attend either a full STOP THE BLEED® Course or a Skills-Only STOP THE BLEED® Course to receive their certificate of completion. At the conclusion of the course, they will receive an email with their final quiz results. Participants must show the instructor this document to receive a certificate of completion after they have completed the skills-only portion of the course.

As an instructor, you now can select this as a course type and instruct students to take the interactive course prior to the skills-only portion you will teach—similar to the Virtual Lecture only option. The course is located at **www.stopthebleed.org/training/online-course**. Please make sure to link your course listing to the interactive course page.

As a reminder, participants must complete both the lecture/interactive course AND the skills component of the STOP THE BLEED® Course to be considered COMPLETE and to receive a certificate of completion. Please make sure this is reflected in the Instructor Portal when you add your courses.

STOP THE BLEED® Skills-Only Course*

At the conclusion of the virtual lecture-only course, participants will require a reminder to schedule the skills portion to complete the STOP THE BLEED® Course requirements. As an instructor you can schedule a skills-only training session through the Instructor Portal and you should indicate if the course is public or private for maximum participation. Please review the **virtual instructor skills video** *as a guide on how to train the skills-only portion of the course.*

*Regardless of being in-person or virtual, the STOP THE BLEED® Skills Only Course must meet the 1:10 -instructor-to-student ratio and be reflected in the Instructor Portal properly.

Other Resources

STOP THE BLEED® Certificate for Attendees
Click the above link to download the STOP THE BLEED® certificate for attendees.

Participant Sign-In Sheet
Click the above link for a recommended sign-in sheet for participants.

You do not need to submit the completed sign in sheet. You may keep the completed form of your records after you have closed your course online.

Download Course Materials in Other Languages

STOP THE BLEED® Version 2.0 Presentation (Spanish)

Promote Your Course

STOP THE BLEED®, Save a Life Poster
Official STOP THE BLEED® poster; download and print for use in your institution or class

Order Training Supplies

Training Kits
Those who achieve certification are encouraged to use this approved training kit in their courses to simulate wound patterns and have students practice proper bleeding control techniques.

STOP
THE BLEED℠

SAVE A LIFE

Bleeding Control Basic (BCon) Course v. 1.0
Instructor Information

The Bleeding Control Basic (BCon) Course v. 1.0 is designed for individuals who have little or no medical training but who may be called upon as immediate responders to provide initial trauma care and bleeding control to a victim of traumatic injury prior to the arrival of emergency medical services (EMS) or in an austere environment.

HARTFORD CONSENSUS™
SAVE A LIFE
STOP THE BLEEDING

THE
COMMITTEE
ON **TRAUMA**

AMERICAN COLLEGE OF SURGEONS
Inspiring Quality:
Highest Standards, Better Outcomes

100+*years*

Bleeding Control Presentation

There is an official, branded PDF presentation that should be used for your civilian training courses. The presentation includes three embedded videos (pages 10, 37, and 53). The videos should play automatically and not require any external links.

The presentation may, from time to time, be updated. Please watch for communications from the Committee on Trauma with updates to the presentation materials.

Who Can Teach the BCon Course v. 1.0?

Instructors for the BCon Course include:

- PHTLS instructors
- PHTLS providers who have successfully completed the BCon Provider Course
- TCCC/TECCC instructors or providers
- ATCN/TNCC instructors or providers who have successfully completed the BCon Provider Course
- Any EMR, EMT, paramedic, RN, PA, or MD who has successfully completed a BCon Provider Course
- Any ATLS instructor or provider who has successfully completed a BCon Provider Course
- Any NAEMT instructor for any other NAEMT continuing education course who has successfully completed a BCon Provider Course

Faculty Requirements

The minimum recommended instructor-to-student ratio for all skill stations is 1:8. Given this ratio, every BCon Course v. 0.1 will require adequate faculty to maintain this requirement.

Eligible Students

Eligible students are any individuals who may be called upon to assist with trauma patients while waiting for first response or EMS to arrive. The course has been designed for students who have received little or no prior medical training. Examples of potential students include teachers, taxi drivers, train station attendants, and Transportation Security Administration (TSA) workers.

While the preferred course for educating law enforcement officers is the Tactical Casualty Care for Law Enforcement and First Responders (TCC-LEFR), the BCon materials may be used to introduce these concepts to law enforcement officers.

Material Requirements

All BCon Course v. 1.0 students should receive a copy of the bleeding control handout and any registration materials.

Equipment and Supplies

All students must have access, at a minimum, to the equipment needed to complete the skill stations. The equipment can either be supplied in each skill station or provided to each group of students. Students should be allowed to use their own equipment when appropriate.

All equipment must be in proper working order.

Equipment includes:

- Personal protective equipment (PPE) (gloves)
- Hemorrhage control devices (tourniquet, gauze rolls)
- Manikin or wound-packing model

Course Plan

Course sites may rearrange the schedule for site-specific needs as long as all of the course elements are included. The course content is available on the provided thumb drive and eventually will be made available for download on the American College of Surgeons (ACS) Bleeding Control website, *bleedingcontrol.org*.

BCon Course v. 1.0 Schedule

- BCon lecture
- Tourniquet single skill station
- Wound packing single skill station

Average course time: Approximately one hour (may be longer as needed)

Successful Completion

Successful completion entails that the student has:

- Attended the entire course
- Demonstrated all practical skills as required within the course

An online version of this post-course evaluation survey can be shared upon request. Preview it at:
https://www.surveymonkey.com/r/Preview/?sm=WDGijP5_2FHfpbwK8s5OD7ZA4WpWRpeOjCXCzs8lz1u7BbFlGWer_2F9tt8
Ssfl_2BmPox

Please complete the following survey to evaluate impact and to help us improve this training.

* 1. Please enter the date that you took this Stop the Bleed Instructor Course:

Date / Time

Date

| MM/DD/YYYY | ▉ |

* 2. Location of this Stop the Bleed Instructor Course:

Address

City/Town

State/Province

ZIP/Postal Code

* 3. What county is your school located in (in Michigan)?

Other; please specify:

* 4. Prior to this Stop the Bleed (STB) Instructor training, had you previously completed a course that emphasized bleeding control emergency treatment?

○ Yes

○ No

○ Other, please specify:

* 5. How helpful was this STB Instructor training to you?

| ☆ | ☆ | ☆ | ☆ | ☆ |

| Not Helpful | | Neutral | | Extremely Helpful |

---

* 6. How likely are you to recommend STB training to others (e.g., family, colleagues, schools, community members, etc.)?

| Will not recommend | Neutral | Extremely likely to recommend |

○ ▢

* 7. Have you registered (or are you going to soon) as a Stop the Bleed Instructor?

○ Yes: I have registered.

○ Yes: I plan to register soon (but I'm not currently registered).

○ No: I do not meet Instructor criteria.

○ No: I meet Instructor criteria, but I'm not interested.

○ Other, please specify:

* 8. Are there emergency bleeding control (Stop the Bleed) treatment kits in your school?

○ Yes

○ No

○ Unsure, I will find out.

○ Other, please specify:

* 9. Where are the emergency bleeding control (Stop the Bleed) treatment kits in your school located? Check all that apply.

☐ N/A: Our school doesn't have Stop the Bleed treatment kits

☐ Next to the AEDs (automated external defibrillators)

☐ In the classrooms

☐ In the main office or school nurse office

☐ Unsure

☐ Other, please specify:

* 10. How do you plan to use or implement STB training in your work, school, or community?

*11. In what ZIP code is your home located? (enter 5-digit ZIP code; for example, 00544 or 94305)

[   ]

* 12. Have you ever been in or observed a situation where someone needed life-threatening bleeding control treatment?

○ Yes
○ No
○ Other, please specify:

[   ]

* 13. If you answered Yes to Question #7 about being in or observing life-threatening bleeding, please describe the situation:

[   ]

* 14. How important do you feel it is to have Stop the Bleed training in schools in our state?

| Not Important | Neutral | Extremely Important |

○

[ ]

* 15. After taking this STB Instructor course, how confident are you about being able to stop life-threatening bleeding?

| 0% (Not confident at all) | 50% (Neutral) | 100% (Extremely confident) |

○

[ ]

16. If you answered less than 100% in the above Question #10, what questions, concerns, or barriers do you have that are keeping you from feeling more confident?

[   ]

17. If you have any additional comments or suggestions for improvement, please enter them here:

[   ]

* 18. What is your gender?

○ Female
○ Male
○ Transgender
○ Prefer not to answer

* 19. What is your age?

○ 17 and under
○ 18 – 29
○ 30 - 44
○ 45 – 64
○ 65 and older
○ Prefer not to answer

* 20. What is your racial or ethnic identity?   Select all that apply.

☐ African-American or Black
☐ Asian
☐ Hispanic or Latino
☐ Middle Eastern
☐ Native American or Alaskan Native
☐ Native Hawaiian or Pacific Islander
☐ White
☐ Prefer not to answer
☐ None of the above, please specify:

[   ]

Student Name: _____

Skills Station Check-Off

☐ Successfully completed tourniquet skills station

Instructor's sign-off (initials): _____

☐ Successfully completed wound packing and compression skills station

Instructor's sign-off (initials): _____

☐ Submitted completed survey

Instructor's sign-off (initials): _____

Instructor Note: A different version of the survey adapted to an online survey tool format with a QR code can be shared upon request.