

Where can I take Stop The Bleed?

Stop the Bleed courses for the public are available in communities across Michigan. To find a course in your area check the Stop The Bleed Organization website course list at: <https://cms.bleedingcontrol.org/class/search>

Can I organize a course for my group or organization?

Yes, Stop the Bleed courses can be coordinated for your group or organization through the Michigan Trauma Coalition. Corporations, groups, and schools can scan the QR Code below to complete a needs survey and the Michigan Trauma Coalition will assist in scheduling a private course for you at your location:



For more information

For information on Stop the Bleed and other injury and violence prevention programs check the following resources:

<https://www.stopthebleed.org/training/>

<https://www.dhs.gov/stopthebleed>

<https://mitrauma.org/injury-prevention/events-programs/stop-the-bleed/>

<https://mitrauma.org/injury-prevention/>

<https://mitrauma.org/injuries-prevention-tips/>

Michigan Trauma Coalition

The Michigan Trauma Coalition was formed in 1991 and is a non-profit, voluntary organization. It is the only statewide, multi-professional organization dedicated exclusively to the advancement of trauma care, education, research and advocacy across the trauma continuum. Through this statewide system, we are able to realize our mission of reducing injuries and providing optimal trauma care in Michigan.

100 hospitals, including 450 individuals, are members of the Michigan Trauma Coalition. To find out if your local hospital is a member of the Michigan Trauma Coalition, check the website for a list of member institutions at:

<https://mitrauma.org/membershipcommittees/member-institutions/>

Michigan Trauma Coalition

2843 E. Grand River, #254

East Lansing MI 48823

www.mitrauma.org

Michigantrauma@gmail.com



Would you know what to do if someone has life-threatening bleeding?

Bleeding Can Happen Anywhere

Injuries that result in life-threatening bleeding can happen anywhere, at any time. Uncontrolled bleeding has been found to be the major cause of preventable death in approximately 40% of people who sustain a traumatic injury.

Be prepared

Minutes Count! The average response time for first responders is 7 to 10 minutes, yet a person can die from bleeding in just 3 to 5 minutes. Therefore, the individual next to a bleeding victim, may be the one who is most likely to save that person from bleeding to death. By being prepared with the knowledge of what to do when faced with life-threatening bleeding, witnesses are empowered to become immediate responders and can save a life.



What is the Stop The Bleed Program?

Stop the Bleed is national campaign and call-to-action that encourages bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. The development of this program, a collaborative project led by American College of Surgeons Committee on Trauma (ACS COT), was influenced by world events, bleeding control lessons learned from the military, and a desire to improve survival for people with severe bleeding.

Who can take Stop the Bleed?

Anyone can learn these skills. To date, more than 2.6 million individuals world-wide have been trained in bleeding control techniques.

How is Stop The Bleed taught?

Stop the Bleed is a free course that lasts approximately 60 minutes. The course begins with a presentation covering the basics of bleeding control, followed by hands-on practice applying direct pressure, packing a wound, and using a tourniquet to stop bleeding. A course completion certificate is provided to participants at the end of the course.



Quick Actions to Stop The Bleed:

